

# Discover Your Definition of Success

Get clear on what it means for you to feel fulfilled in 7 easy steps

## Start with WHY

3-5 reason why you must succeed (i.e. to provide a safe place for my family, to find inner peace, to contribute to my community, to be financially abundant)

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_
4. \_\_\_\_\_  
\_\_\_\_\_
5. \_\_\_\_\_  
\_\_\_\_\_

## What are the metrics?

Answer the following questions. Find a quiet space and take your time to dig deep.

How do you want to spend your time each moment of every day?

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How do you want people to perceive you? Your reputation?

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How do you want to feel when you wake up and step into your day?

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How do you want to contribute to the world, leave your mark or legacy?

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What does integrity and virtue mean to you?

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What does personal freedom look like in your life and feel like in your body?

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How will you achieve inner peace or super charged energy?

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How will you fully express your potential and let your light shine?

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## Successes and Failures

As far back as you can remember, list your successes, and failures.

Successes

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Failures

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## My Obituary

It's time to decide what you would want people to say about you when you die.

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## I know I am successful when...

Complete the sentences below.

I know I am successful when \_\_\_\_\_

I know I am successful when \_\_\_\_\_

I know I am successful when \_\_\_\_\_

I know I am successful when \_\_\_\_\_

I know I am successful when \_\_\_\_\_

I know I am successful when \_\_\_\_\_

I know I am successful when \_\_\_\_\_

I know I am successful when \_\_\_\_\_

I know I am successful when \_\_\_\_\_

I know I am successful when \_\_\_\_\_

## What does 'being in flow' mean to me?

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